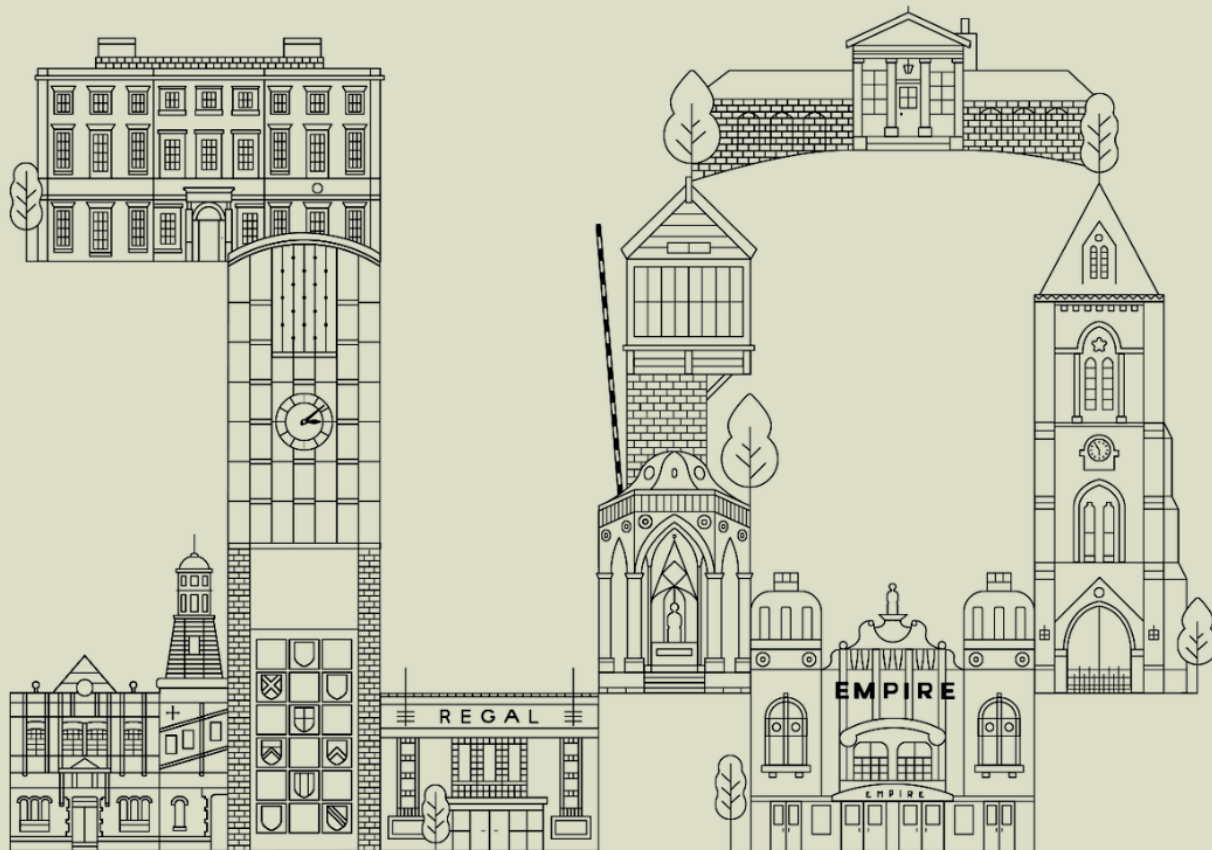


North Chingford  
Art Trail 2024  
28th Sept - 6th Oct

Celebrating local art and photographic works inspired by this year's theme; A NEW LIGHT.



**THE STOW BROTHERS**



## 10 YEARS OF THE STOW BROTHERS

A family-owned estate agency with a distinctive vision and a fresh approach, community is, and has always been our focus.

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FIND US:

➔ @STOWBROTHERS  
➔ STOWBROTHERS.COM

**E4 & IG9**

hello4@stowbrothers.com

0203 369 6444



Welcome to the

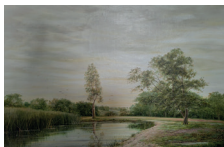
# North Chingford Art Trail 2024

We are delighted to present the second North Chingford Art Trail after a five-year break. This year the trail features the work of more than thirty artists, past and present, who have a connection with North Chingford and the surrounding area. As well as the artist exhibitions there are watercolour, photography, floristry and stained glass workshops, and a talk on the radical history of banners. Three of the featured artists are sadly no longer with us.



**James Brimble (1897-1974)** lived in Chingford and ran a Newsagent in Station Road. He was an accomplished photographer and loved Epping Forest. In 1950 he published 'London's Epping Forest' which the Walthamstow Guardian said was "An appreciation of the Forest by word and camera, by map and research, by a man who loves its woodlands, valleys and hills in their every mood and season. A superb contribution to both the literature and art inspired by the Forest."

**Jill Barklem (1951-2017)** wrote the popular Brambly Hedge series of books. Her intricate illustrations and stories about the mice of Brambly Hedge capture her love for the English countryside, in particular Epping Forest. Many of the trees used to create Brambly Hedge are directly illustrated from trees that still stand in Epping Forest.



**Thomas Kennedy (1900-1982)** was a professional landscape painter his entire working life. He lived first in Warren Road and later at Carbis Cottage on Chingford Green. Epping Forest with its ancient trees and many ponds was a natural subject for him.

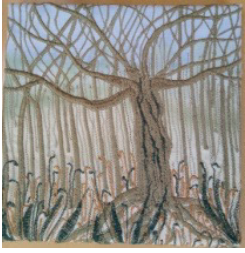
A common theme among the artists contributing to this art trail is the inspiration the forest provides and an appreciation of having it so close to hand. North Chingford has been called the gateway to the forest, and we hope this art trail will encourage more people to visit and enjoy the forest and all that it has to offer.

Thanks to all the artists taking part, the venues exhibiting the works, and Stow Brothers and Love North Chingford for being our sponsors. Without all of you, the trail would not be possible.

The trail has been organised by the Love North Chingford Art Group.  
Email [LNC.LovesArt@gmail.com](mailto:LNC.LovesArt@gmail.com) to get involved in our creative projects.

Love North Chingford x

# ARTISTS



**SHEILA ASLAN**  
CHINGFORD STATION COMMUNITY HUB

Sheila has been local to Chingford for almost 40 years. She enjoys making art as a hobby and always enjoys seeing other peoples work and art in general.

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**JILL BARKLEM (1951-2017)**  
JO'S BOOKSHOP

Jill Barklem was a British writer and illustrator of children's books. Her most famous work is the Brambly Hedge series, published from 1980. Jill was born in Epping and studied illustration at St Martin's School of Art in London. Barklem's books became immensely popular, selling over seven million copies worldwide and printed in over 13 languages. The Brambly Hedge characters went on to feature in merchandise, such as cards, Royal Doulton china, and a stop-motion animated series, The Enchanted World of Brambly Hedge (1996 to 2000). Jo's bookshop is holding a display of her work including some of the Royal Doulton figurines based on her characters.

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**MUMTAZ BEGUM**  
THE VIEW (EPPING FOREST VISITOR CENTRE)

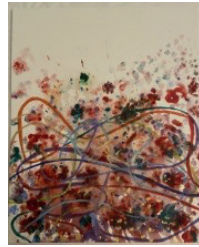
Mumtaz is a local artist whose work is influenced by shapes texture and patterns all found within nature. She takes what inspires her and breaks it down by simplifying shapes and patterns and taking a stylised approach. She then builds the image by playing about with the composition of each component. Her style of work is abstracted nature, creating a different perspective for the viewer as they view nature in a new way.



**ROBERT BERRY**  
CAFÉ LA FALAISE

Robert Berry, a Highams Park resident, started painting 18 months ago after attending a friend's art week. The pictures are mainly of scenes of Epping Forest around Highams Park Lake from photos. The medium is acrylic on canvas and the style is influenced by the Fauvist, Expressionist, and Impressionist art movements.

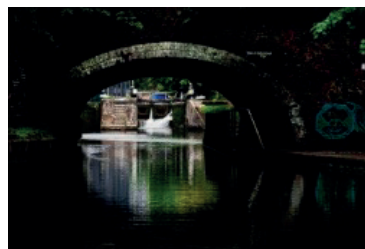
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**ISABELLA BOORMAN**  
CHINGFORD STATION COMMUNITY HUB

Isabella Boorman was born in Brighton, currently living in Chingford, East London, and has worked as a curator and art historian in museums. Her art is an expression of mind, body and spirit through vibrant abstract paint. Her large-scale abstract paintings use the seven chakra colours of the body to express mind and emotions through colour, taking up space through paint as a female artist.

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**NICHOLAS BOWMAN**  
THE VIEW (EPPING FOREST VISITOR CENTRE)

Nicholas moves between photographic genres to improve his creative thinking. Common themes he explores include motion, time, and storytelling. He likes to try new ideas and techniques to see how his images can engage and inspire the viewer to ask questions.



## **JAMES BRIMBLE (1897-1974)**

### **WAKECUP**

A collection of prints by the late James A. Brimble (Photographer and Author of London's Epping Forest - last published in 1968) restored by Kevin Cook. Many of these images are otherwise unpublished – and taken in and around Epping Forest in the 1950s and 60s. More of his images are available here [www.facebook.com/groups/jamesbrimble/](http://www.facebook.com/groups/jamesbrimble/)

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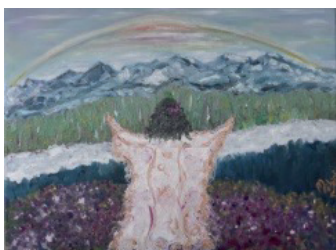


## **JULIE BRUCE**

### **GREEN 17 BISTRO**

Julie is self taught and has always loved anything creative since she was a child. She especially loves mixed media as it can be applied to anything. Her work is varied. The scribble work she has submitted starts as a pencil sketch, sometimes over sprayed ink. Then it's outlined with black ink or gel pen and filled with doodles, marks or paint.

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## **MOHINI CHATLANI**

### **THE VIEW (EPPING FOREST VISITOR CENTRE)**

Painting for Mohini is a profound form of meditation, a way of stilling the mind, focussing it on the ever-growing deep discovery of what is within her at each moment. A painting, which starts off as something, often, through the pauses within the sittings, emerges as something else : a revelation of something, sometimes clear, other times, coded spiritual or emotional messages, accompanied by an organic, spontaneous flow.



## **MARION CORAM-WARE**

### **CRAFT CABIN**

Marion is a retired primary school teacher who dabbles in watercolour painting.

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## **CHRISTINE CURTIS**

### **CRAFT CABIN**

Christine is retired and likes to paint in water colours and acrylics. She enjoys gardening and belongs to an art class, a walking group and is a member of the Chingford Townswomen's Guild.

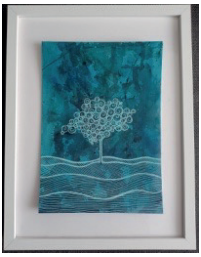
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## **ROSALIND FOWLER**

### **CHINGFORD STATION COMMUNITY HUB**

Rosalind Fowler is an artist working with film, ritual and other embodied artistic processes as apparatus and methods for attunement and re-enchantment with each other and more-than-human worlds in times of ecological and societal uncertainty. Her work, *NowhereSomewhere*, is a 2-screen film installation, evolving out of an artist residency at the William Morris gallery during 2015-16. The work was inspired by Morris's utopian novel *News From Nowhere*, and explores resonances between Morris's visions for the future and Organiclea, a 12-acre food growing co-operative based on the edge of Epping Forest in Chingford. [www.rosalindfowler.co.uk](http://www.rosalindfowler.co.uk)



**HELEN GARVEY**  
**THE VIEW (EPPING FOREST VISITOR CENTRE)**

Helen is a graphic designer currently not working due to cancer treatment. She has been enjoying exploring art instead and developing a series of stylized tree and nature illustrations as a creative outlet. Treatment has left her with extreme brain fog so the artwork is both meditative to her and also about her love of a lone tree in a field and the negative space it creates around it.

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**SUE GREGORY**  
**GREEN 17 BISTRO**

Sue started to draw and paint again after a very long gap during lock down. She enjoys experimenting with different mediums as it's fun. She loves painting animals but will give any subject a go. She enjoys anything out doors so living in Chingford and being near to the forest is ideal for her.

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**NAZIMA HODKINSON**  
**THE VIEW**

Nazima has lived in Highams Park for 16 years and started painting as a new artist in January 2024. She uses finishing plaster and sand to create textures and paint abstract art. The idea of her art is free expression for the viewer to interpret this how they see or feel whether it's on the beach, a rock or just waves in fabric. She was invited back in March to display her artwork at Walthamstow Town Hall for International Women's Day



**ELIZABETH JONES**  
**CHINGFORD STATION COMMUNITY HUB**

Elizabeth is a self taught artist using acrylic or watercolours. She has taken part in the last few art trails in Highams Park where she lives and has been successful in selling many paintings and commission pieces.  
[www.instagram.com/lizjonesart](http://www.instagram.com/lizjonesart)

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**THOMAS KENNEDY (1900-1982)**  
**CHINGFORD STATION COMMUNITY HUB**

Thomas Kennedy was a painter in oil and watercolour who made a successful living as an artist from 16 to 80. He was born in Leyton and lived and worked in Carbis Cottage in Chingford for many years. Several of his paintings have been donated to Chingford Historical Society who have kindly agreed for them to be exhibited during the art trail.

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**CHRISTINE LOZE**  
**THE VIEW (EPPING FOREST VISITOR CENTRE)**

Christine grew up in Chingford and has lived most of her life near Epping Forest which is where she takes much of her inspiration from. She likes to experiment in a variety of mediums and loves the colours and textures of nature. Pet and people portraits in pastel are the the main subject of commissions she is asked to do and she also teaches painting at the Chingford adult Ainslie Art Group.  
[www.instagram.com/chrisloze.art](http://www.instagram.com/chrisloze.art)



**MARK LUCKHURST**  
CAFÉ LA FALAISE

Mark is a local artist based in North Chingford. He works in pencil, watercolour and acrylics. Most of his work is animal based from pet portraits to birds and big cats. He has been painting for many years and has exhibited in galleries in London and East Anglia. He was also a long time member of Waltham Forest arts and crafts society.

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**JANE MCCORMICK**  
CHINGFORD STATION COMMUNITY HUB

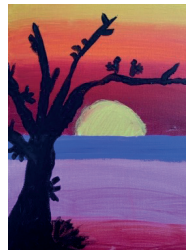
Jane is an amateur artist who will try anything new!

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**MELINA MELHUIHSH**  
THE VIEW (EPPING FOREST VISITOR CENTRE)

This work is by Melina Melhuish age 7. It is a water colour painting of a sunset over Chingford plains



**ANNABEL ROCHE**  
CRAFT CABIN

Annabel (age 7) is a keen artist and loves to draw and paint. Her favourite medium is colouring pencils or marker pens but she also enjoys painting alongside her Mum, given the chance. Annabel's Mum, is also exhibiting and they worked on their pieces for this art trail together. Annabel is an avid reader and her other interests include tennis, cross-country and horse-riding.

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**JULIANA ROSS**  
CRAFT CABIN

Jules is an artist and illustrator based in North Chingford. Jules revisited her love for art during lockdown, exploring different topics and mediums. When she's not at her day-job in property marketing or running in the forest with her dog, Lily; she tries to make time for creating. These pieces were inspired by this year's theme, A New Light, and her love of the forest that is minutes from her door.

Instagram: [juliana.b.ross.art](https://www.instagram.com/juliana.b.ross.art)

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**JANET NORRIS**  
THE VIEW (EPPING FOREST VISITOR CENTRE)

Janet started in lockdown with online courses. She works mostly in pastel but is always trying new media and approaches

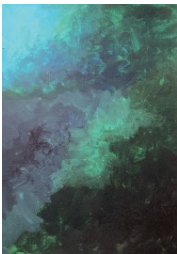


**JANE PEMBLE**  
THE VIEW (EPPING FOREST VISITOR CENTRE)

Jane experienced a life-changing stroke three years ago. During her recovery, she discovered that pottery played a crucial role in regaining her motor skills. This creative outlet also offered emotional benefits, giving her a sense of accomplishment and boosting her confidence. Over time, Jane's pottery skills flourished, and she began creating intricate designs that showcased her progress. Her journey with pottery became a testament to the power of art in healing and recovery.

Etsy: TimesTablesFurniture

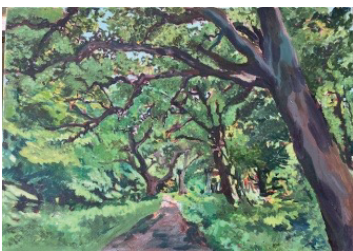
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**STEPHEN PEWSEY**  
CRAFT CABIN

Stephen was the organiser of the Loughton Art Trail 2014-17. He is a member of Forest Creative Writers, historian and author, and passionate about our Forest. Art is our portal through which we can explore the profound and ineffable mysteries of being human and our place in the fathomless cosmos.

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**GILLIAN RYAN**  
CAFÉ LA FALAISE

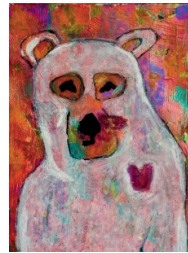
Gillian's art is all about looking at natural forms and creating images from photographs of past travels, places and plant studies. She has been drawn to the silhouettes and shapes of trees while walking in Epping Forest and enjoys looking for shapes and interesting compositions in nature. Her study of Epping Forest allowed her to observe the scale and grandeur of the forest. She tends to draw large scale naturally and the scale has allowed her to create energetic paintings that recreate a moment or the feeling of a place. Artistic inspirations are Angie Lewin, Jennifer L Mohr, Erin Hanson and William Morris



**ROGER SKIPPER**  
GREEN 17 BISTRO

Roger is a long-time North Chingford resident who took up oil painting just before the last local art trail in 2019.

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**NADIA THOMPSON**  
CAFÉ DADA

Nadia Thompson produces bold, meaningful artwork on paper, canvas, and clay. Her unique creations are a fusion of vibrant colours, intricate patterns, and profound symbolism. Working across different mediums, Nadia brings her artistic vision to life, captivating viewers with her expressive and thought-provoking pieces.

Websites - [www.artbynoo.com](http://www.artbynoo.com)

[www.instagram.com/nadiathompsontoo](https://www.instagram.com/nadiathompsontoo)

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**CATHERINE VASE**  
CAFÉ LA FALAISE

As the world ground to a halt during the pandemic, Catherine found herself grappling with the silence that enveloped us all. It was through art that she navigated the uncertainty of lockdown and the seeds of 'Pop Olive Art' were planted. Today as the artist behind Pop Olive Art Catherine makes art that uplifts, inspires and connects us all. She draws inspiration from the vibrancy of human emotions; her prints and canvases blend colour and abstract elements with the 'everyday', creating collages of positivity and vibrancy.

[popoliveart.com](http://popoliveart.com)





**ZAHRAH VAWDA**  
CHINGFORD STATION COMMUNITY HUB

Zahrah uses creativity to unearth and nurture relationships with the natural world. Her work sets out to explore our connections with environments, challenge eco-stereotypes and highlight everyday nature through language and visual imagery. She is particularly interested in everyday unnoticed encounters and the normalised bizarre of our place within wider ecosystems. A focus on the present, everyday, helps her navigate her own experience of the large-scale loss of future, life and imagination we are part of in this climate of major change.

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**JULIAN WALKER**  
CHINGFORD STATION COMMUNITY HUB

Julian is a printmaker, working in relief and intaglio processes from his studio in Gants Hill. His pieces are linocuts working from drawings in Valentines Park and Epping Forest, close to where he lives. The style of work references modernism, particularly printmaking in the 1910s-1930s.

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**EVON WHEELER**  
CHINGFORD STATION COMMUNITY HUB

Evon is an amateur artist who enjoys drawing and painting wildlife, people and botanicals. She has always enjoyed creating from a young age. She is part of the Essex art group and attends a local life drawing class in Chingford.



**RICHARD WILKINSON**  
CAFÉ DADA

Richard has lived in the area for 30 years and loves walking in the forest, usually with the dog. He is a keen photographer and likes to capture the different moods of the forest.

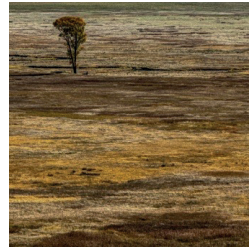
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**SOFIA WILLIAMS**  
CAFÉ LA FALAISE

Sofia is ten years old. She did these paintings in her art class. Her teacher's name is Adeline. She used chalk pastels and acrylic paints and looked really carefully at what she was drawing and painting. She really enjoyed mixing colours on the palette to get the correct colours for her painting.

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**CHINGFORD PHOTOGRAPHIC SOCIETY**  
CHINGFORD STATION COMMUNITY HUB

An exhibition.  
Photography has the innate power to document a point in time through composition to capture. When a photographer looks through the lens on the camera there is a moment of mutual engagement...a desire to create photographic images of energy and unconventional beauty, produced with great sensitivity and artistic integrity which leaves a lasting impression. The photographs on display at the Station Community Hub have been selected from work submitted by local members of The Chingford Photographic Society during the past year.

# OPEN STUDIOS



## RACHEL HOGG

**39 RICHMOND ROAD, E4 7BW**

Sunday 29th September 2pm – 4pm

Thursday 3rd October 10am – 3pm

Saturday 5th October 10am-3pm

Rachel Hogg is a Chingford based Artist and Arts Educator, specialising in floral paintings, drawings, prints and hand made stop motion animations. When gathering inspiration for her work she loves going on adventures through the woods, visiting flower gardens and drinking in the tranquillity of nature. She is most at peace when enjoying a sunny walk, listening to the birds and dreaming up her next art piece. She expresses her love for learning about nature through exploring and playing with different art materials and developing her own understanding of colour, line and pattern to convey the beauty, vibrancy and intricacy of nature. Her work is bold and bright and sings of the joy that one can be found whilst rambling along a muddy forest path lined with daffodils in spring or peeking through the window of a tropical green house bursting with life.

Rachel can be contacted on 07478 755140

[www.rachelmoss-hogg.com](http://www.rachelmoss-hogg.com)



## NICKY BAMBER PHOTOGRAPHY

**VILLAGE ARCADE, STATION ROAD, E4 7DA**

A warm welcome awaits on 2nd October from 10-4pm.

Nicky's open studio will include some of Nicky's favourite images spanning nearly a decade since opening the studio in the Village Arcade, Station Road, Chingford in 2015. Also on display will be a selection of images from her International Women's day exhibitions and her Charity work with The Children's Magical Taxi Tour. - There will also be a raffle for the Magical Taxi Charity

[nickybamber.co.uk](http://nickybamber.co.uk)

# EVENTS

**SATURDAY 28TH SEPTEMBER**



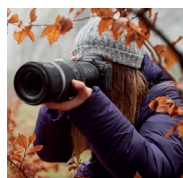
## NATURE AT PIMP HALL PHOTOGRAPHY EXHIBITION

**THE DOVECOTE, PIMP HALL NATURE RESERVE**

An exhibition of photographs from the Pimp Hall Nature Reserve taken over the years by one of the volunteers.

12pm – 3pm (last entry 2.45pm)

More info: [pimphallgroup@yahoo.co.uk](mailto:pimphallgroup@yahoo.co.uk)



## SEARCHING FOR THE AUTUMN LIGHT WORKSHOP

**VILLAGE ARCADE, STATION ROAD, E4 7DA**

10.30am – 12.00pm

A photography workshop looking at the effect of light to create interest, drama and mood aimed at families with children. Meeting at the studio for a discussion about light, followed by a trip to the Queen Elizabeth Hunting Lodge and surrounding areas to learn lighting patterns and composition, then back to the studio. Includes a photography scavenger hunt for children with prizes! Children must be 6 years or over and accompanied at all times by an adult. Equipment needed – camera or phone, sensible shoes and clothes for the forest, water.

£15 per adult

To book contact [nicky@bamberhome.com](mailto:nicky@bamberhome.com)

**SUNDAY 29TH SEPTEMBER**



## Touched by Light Pimp Hall Nature Reserve

Sunday 29th September

2pm – 4pm (last entry 3.30pm)

A family friendly drop-in art & craft session with Walk the Loop. For ages 3 to 7 years (younger & older siblings welcome too).  
Email: [info@walktheloop.org.uk](mailto:info@walktheloop.org.uk)

## MONDAY 30TH SEPTEMBER



### **MINDFULNESS WATERCOLOUR WORKSHOP** CHINGFORD STATION COMMUNITY HUB, 8 STATION APPROACH, E4 6AL

10.30am - 12.30

No painting experience necessary to enjoy this creative class in a relaxing atmosphere.

£15 per session

To book. Email [chrisloze@gmail.com](mailto:chrisloze@gmail.com)

Tel. 07894 702752

## WEDNESDAY 2ND OCTOBER



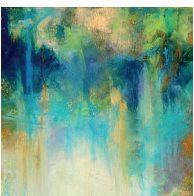
### **FLORISTRY WORKSHOP** CHINGFORD STATION COMMUNITY HUB, 8 STATION APPROACH, E4 6AL

10.00am – 12.30 pm    2.00pm – 4.30pm

Come and make a traditional front facing arrangement with seasonal flowers. This creative and fun class will be taught by a Level 3 industry professional florist. This session is suitable for beginners, or those learners with some previous experience who wish to develop their skills in floral design. You will learn the key skills of how to make a front facing floral arrangement and go home with a beautiful design for the home or as a gift for your family and friends. £45 for 2.5 hour session which will include flowers and materials. The arrangement is subject to availability and colour.

To book contact Gillian Ryan at  
[Wildcreative2024@yahoo.com](mailto:Wildcreative2024@yahoo.com)

## FRIDAY 4TH OCTOBER



### **MINDFULNESS WATERCOLOUR WORKSHOP** CHINGFORD STATION COMMUNITY HUB, 8 STATION APPROACH, E4 6AL

10.30 - 12.30

No painting experience necessary to enjoy this creative class in a relaxing atmosphere.

£15 per session

To book. Email [chrisloze@gmail.com](mailto:chrisloze@gmail.com)

Tel. 07894 702752

## SATURDAY 5TH OCTOBER



### **INTRODUCTION TO USING WATERCOLOURS, PEN AND INK**

**THE LEARNING LODGE, PIMP HALL NATURE RESERVE**

1.30pm – 4pm

Art class for adults. Explore and express yourself through painting and drawing for wellbeing.

£30 per adult (art materials provided)

Register: [asimonfrank99@gmail.com](mailto:asimonfrank99@gmail.com) or by text 07711  
020727



### **RADICAL HISTORY OF BANNERS** CHINGFORD UNITED REFORM CHURCH, 2B BUXTON ROAD, E4 7DP

Saturday 5th October,

Doors open 2.30pm, talk 3.00pm

Talk by calligrapher and banner-maker Alice Gabb on the power of banners in political and protest contexts, hosted by Juliana Ross. From secret societies, to peace campaigning, to trade unions, Alice picks out examples that have inspired and shaped her own practice, exploring the visual culture of social movements and community.

Tickets £5 from  
<https://tinyurl.com/LNCBannersTalk>  
[www.alicegabb.com](http://www.alicegabb.com)

## SUNDAY 6TH OCTOBER



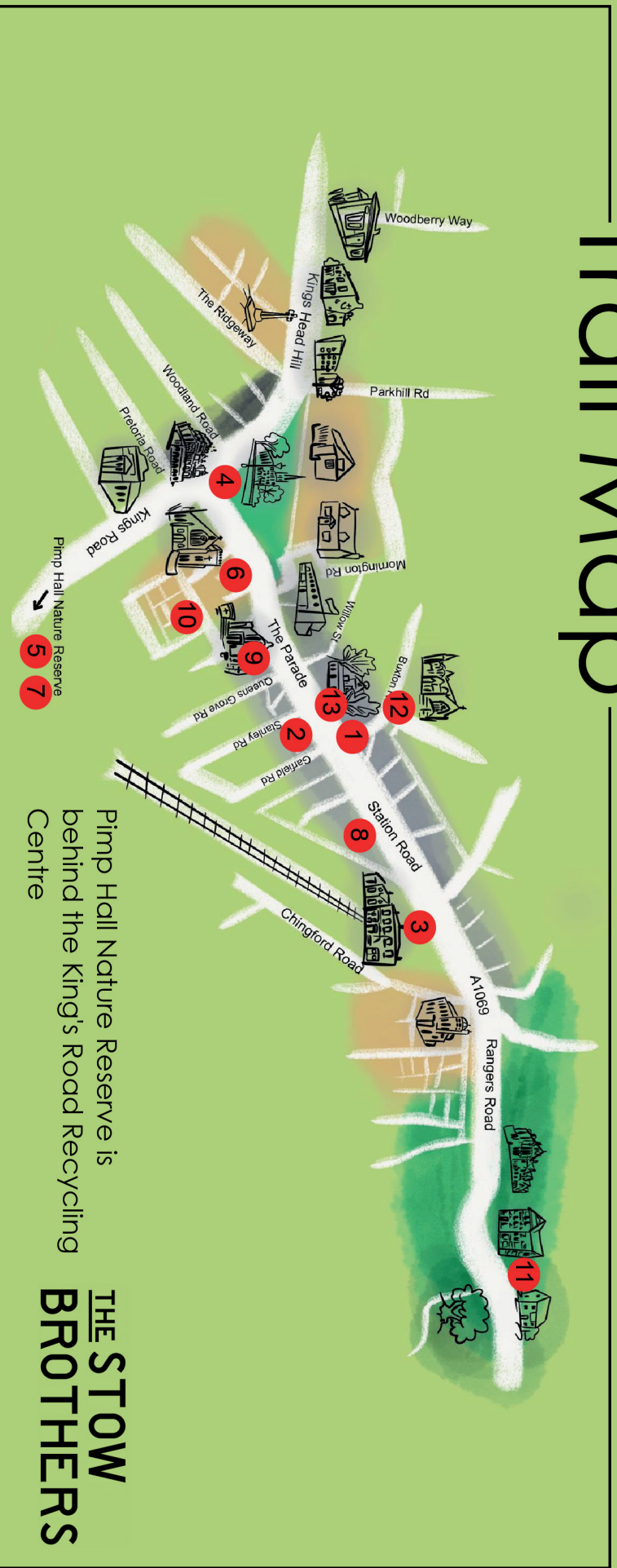
### **STAINED GLASS WORKSHOP** THE LEARNING LODGE, PIMP HALL NATURE RESERVE

Sunday 6th October 10.00am -4pm

Beginners stained glass workshop. No experience necessary. Make a stained glass panel, learning about design, glass cutting, leading and soldering. Take home a finished glass panel. £120 which will include materials.

To book please email [hpstainedglass@gmail.com](mailto:hpstainedglass@gmail.com)  
[www.hpstainedglass.co.uk](http://www.hpstainedglass.co.uk)

# Trail Map



Pimp Hall Nature Reserve is behind the King's Road Recycling Centre

**THE STOW BROTHERS**

1. **Café Dada, 60 Station Road, E4 7BE**  
Monday - Saturday 8am - 4pm, Sunday 9am - 4pm
2. **Café La Falaise, 87 Station Road, E4 7BU**  
Daily 8am - 6pm
3. **Chingford Station Community Hub, 8 Station Approach, E4 6AL**  
Saturday 28th September and Sundays 10am - 4pm,  
Saturday 5th October 1.30pm-4.30pm
4. **Craft Cabin, 1 Church View Buildings, The Green, E4 7EL**  
Monday - Saturday 10am - 4pm, Sunday 10am - 2pm
5. **Dovecote, Pimp Hall Nature Reserve, 48 Kings Road, E4 7HR**
6. **Green 17 Bistro, 17 Station Road, E4 7BJ**  
Tuesday - Friday 8am - 4pm, Saturday - Sunday 9am - 4pm, Monday closed
7. **Hornbeam Learning Lodge, Pimp Hall Nature Reserve, 48 Kings Road, E4 7HR**
8. **Jo's Bookshop, 135 Station Road, E4 6AG**  
Monday - Saturday 10am - 5pm, Sunday closed
9. **Nicky Bamber Studio, Unit 5, Village Arcade, 49 Station Road, E4 7DA**  
Wednesday 2nd October 10am-3pm
10. **Rachel Hogg, 39 Richmond Road, E4 7BW**  
Sunday 29th September 2pm - 4pm Thursday 3rd October 10am - 3pm  
Saturday 5th October 10am - 3pm
11. **The View (Epping Forest Visitor Centre), 6 Ranger's Road, E4 7QH**  
Tuesday - Sunday 10am - 5pm, Monday closed
12. **Chingford United Reform Church, 2B Buxton Road, E4 7DP**
13. **Wake Cup, 52-54 Station Road, E4 7BE**  
Monday - Friday 7am -4.30pm, Saturday 8am - 5.30pm, Sunday 8am - 4pm

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